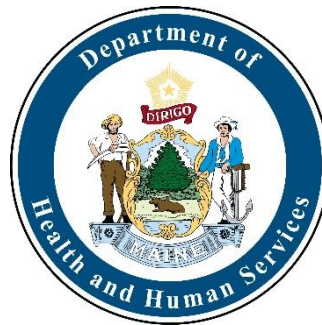


Efforts to Expand Adolescent Substance Use Disorder Treatment and Services

Madeline Shiley

Youth SUD Specialist

January 11, 2022



Agenda

2021 Top Priorities

Review of top priorities for 2021.

Youth SUD Successes

Successes in expanding understanding, access, and quality of Youth SUD Services.

Youth SUD Challenges

Challenges continuing to face Youth SUD services.

Continued Gaps

Remaining gaps in Youth SUD Services.

Upcoming Initiatives

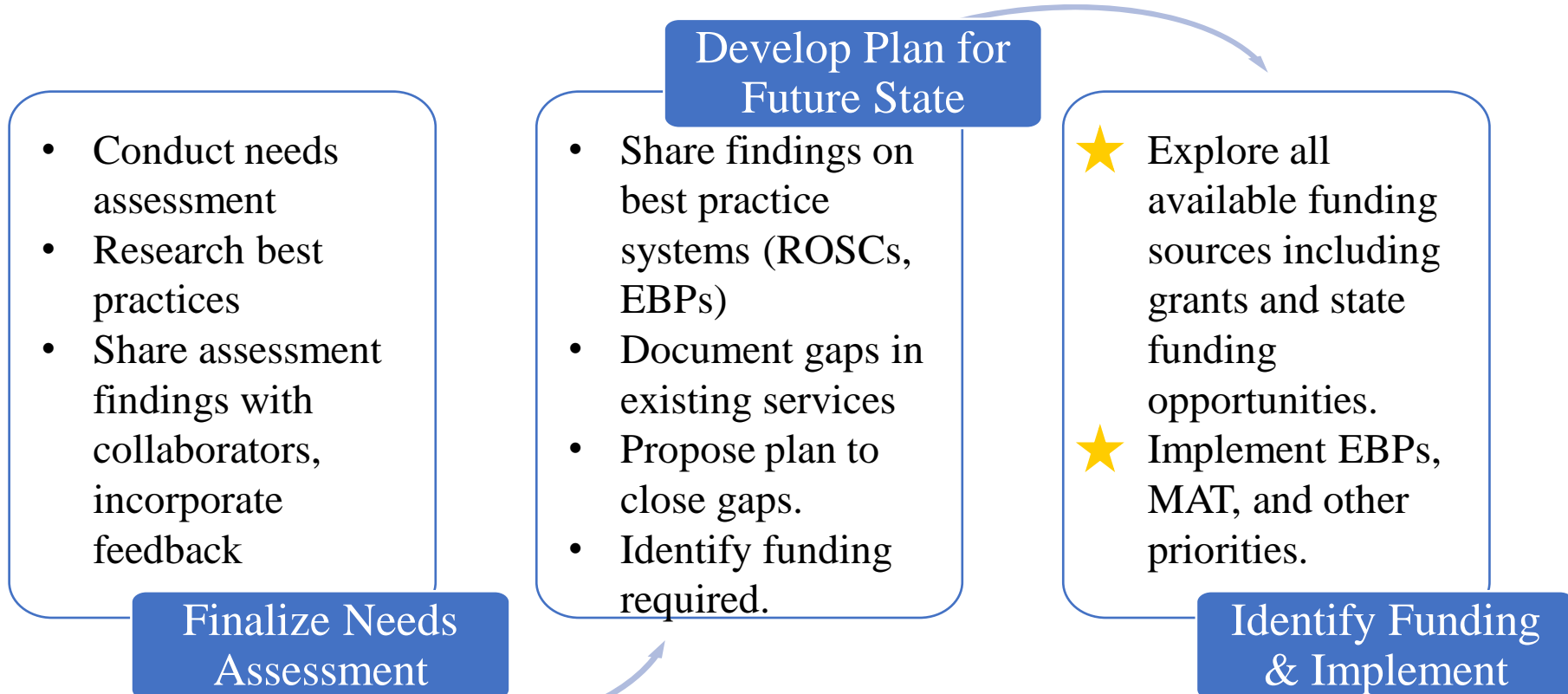
Plans for CBHS work on Youth SUD Services in 2022.

Discussion & Questions

Opportunities for questions.

2021 Top Priorities

In 2021 CBHS prioritized completing a needs assessment, developing and reaching consensus on a vision for the future state, and identifying funding sources for the implementation of best practices.



Youth SUD Successes

Increased staff capacity to focus exclusively on Youth SUD resulted in successes across a variety of areas with the goal of improving the access and quality of Youth SUD services.

Documentation of Existing Youth SUD Continuum of Care & Support of Providers

Completion of Research of National Best Practices / EBPs & Policy Changes

Funding Proposals and Grant Applications

Stakeholder Engagement and Community Partnerships

Youth SUD Challenges

Several challenges remain present to be tackled in 2022.

Growing the
Provider
Landscape

Incorporating
Youth SUD and
Harm Reduction
Strategies into
Children's Crisis
Services

Expanding access
and training to
Medically
Supervised
Withdrawal

Ensuring all
youth-serving
agencies have the
proper training to
offer co-
occurring
services

Continued Gaps

CDC CBHS

Gaps / Proposed Solutions

- PhotoVoice
- School-based health center screenings

- Student Intervention & Reintegration Program (SIRP)

MCDC / OCFS:
• MY – SBIRT Initiative

Helpline / Online Treatment Locator

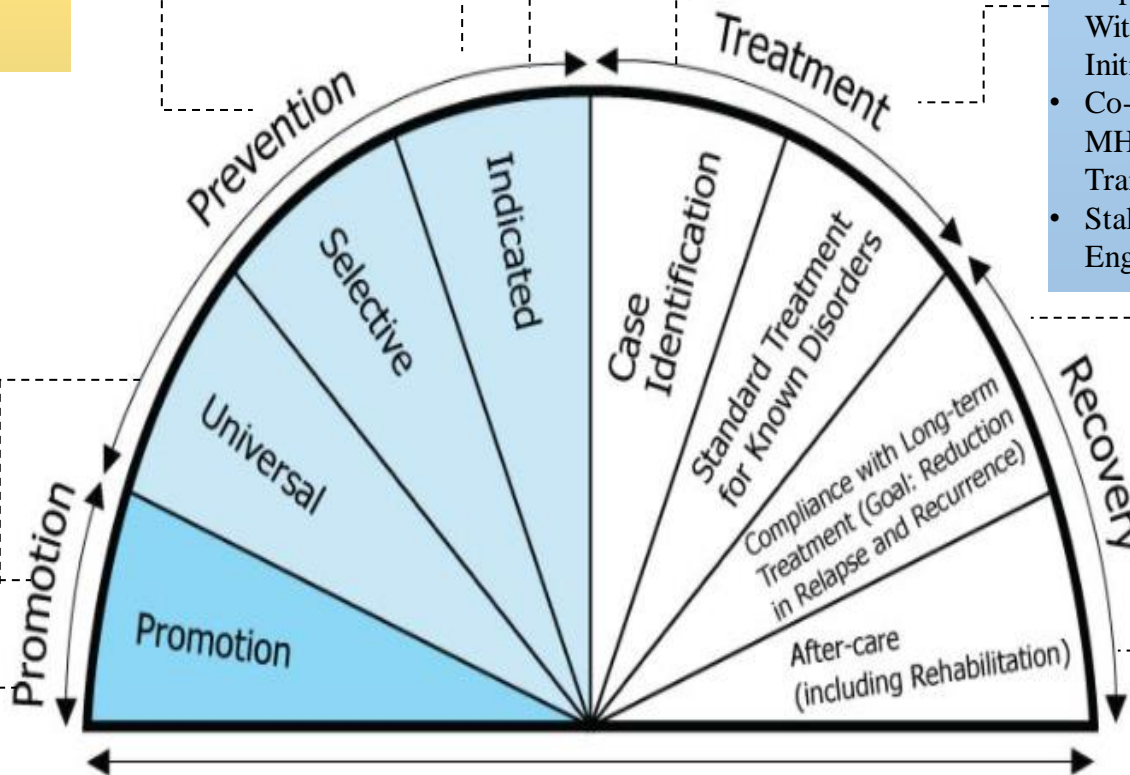
- Policy to support the expansion of EBPs
- Contract management
- Medically Supervised Withdrawal Initiative
- Co-Occurring MH/SUD Training
- Stakeholder Engagement

• **A-CRA in ACT Teams**

- Residential treatment for all genders

- 19 community prevention partners
- Drug Free Communities (DFC)
- Second Step
- Policy to decrease access and exposure to substances
- Maine Integrated Youth Health Survey
- Maine Youth Mattering Initiative

- Mass reach communications



- Youth Peer Support Statewide Navigators

- Youth Peer Recovery Coaches

Upcoming Initiatives

Several funding sources have been approved for initiatives to address some of the most pressing issues related to Youth SUD.

Co-Occurring MH/ SUD Training

- OCFS to contract with purveyor of adolescent SUD evidence-based practice, Adolescent Community Reinforcement Approach (A-CRA), to offer training to mental health clinicians in children's residential.
- The training will be offered to the 9 children's residential facilities for 2 clinician spots and 1 supervisor spot, for a total maximum of 18 clinicians and 9 supervisors.

In planning phase – Training Expected June 2022

Medically Supervised Withdrawal

- OCFS to provide training to existing clinicians on the treatment of adolescents needing medically supervised withdrawal.
- Curriculum is being planned with experts from: Opioid Response Network, Center on Rural Addiction, New England Addiction Technology Transfer Center
- Clinicians to be reimbursed for time spent training.

In planning phase

Path Forward

In addition to the two funded initiatives, the Youth SUD Specialist is focused on expanding access to developmentally appropriate care through the following priorities:

1 Incorporating Youth SUD into Children's Crisis Services

The Youth SUD Specialist is participating in the OMS Crisis System Reform Group.

2 Oversight of the Youth/Family SUD Contracts

OCFS has taken over the contracts pertaining to Youth/Family SUD; the Youth SUD Specialist will be the program manager.

3 Support to New Providers

The Youth SUD Specialist will continue to support new providers through research and training opportunities.

Thank you!

Please direct any questions to:

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